



Respire, Remember, Response



Co-funded by the  
Erasmus+ Programme  
of the European Union

NEWSLETTER # 5 | May 2022

**3R** (*Respire, Remember, Respond*)

# Emotional Intelligence for reducing recidivism

## RECENT EVENTS

Between December 16<sup>th</sup> -17<sup>th</sup> 2021, the partners from Romania, Spain, Denmark, Poland, Spain and the UK participated in the Transnational Project Meeting event within the Erasmus Plus project 3R. The event was hosted by Stowarzyszenie SEDA in Krakow, Poland. The activities carried out during the Transnational Project Meeting event focused on the first Intellectual Output of the project „EMOTIONS FOR FREEDOM TOOLKIT” related to the special emotional skills required by

professionals whose role is to support inmates in their attempt to reintegrate into society.



On the first day of the event, Centrul pentru Promovarea Invatarii Permanente – CPIP led the activity concerning the C1 evaluation and included one activity focused on improvement possibilities for the following staff training activities according to the feedback received from the participants.

The agenda of the second day of the event was planned around the workshop led by CPIP, focused on the particularities of each country Correctional Justice System and specific requirements in order to identify a proper way to align the specific objectives of the Intellectual Output 2 to the expected results and final product.



### **Shortly about project:**

3R project will develop, pilot and implement a framework of methodology, tools, learning programs and recommendation for both targets. The goal is to endow the inmates to be aware of their options to design a different and new future from their last months in prison and their immediate release, the assumption of responsibility and the making of decisions and actions thinking in their reentry in society. The overall objective of this project is to introduce a training method based on Emotional Intelligence against violence and aggressiveness as working tools in penitentiary centers in order to break the circle of recidivism. Our method is to start at grass root level, and therefore our target group is involved in all the steps of the project.

## What are the latest updates?

Between 7th-8th March 2022, the partners within the 3R project participated in the transnational meeting organized in Cadiz, Spain by G R O W T H C O O P.

During the two days of activities, the agenda focused on:

- ✓ the results of Intellectual Output 1 as well as strengths & weaknesses of the handbook;
- ✓ -the overview of the Intellectual Output 2 and the methodology for the next focus group, led by Centrul pentru Promovarea Invatarii Permanente – CPIP.



**Next Transnational Project Meeting**

**Odense, Denmark 30<sup>th</sup>-31<sup>st</sup> May 2022**

## PROJECT PARTNERS

Asociatia Centrul de  
Mediere Culturala,  
Dezvoltare Umana si  
Sociala



CENTRUL PENTRU  
PROMOVAREA  
INVATarii  
PERMANENTE  
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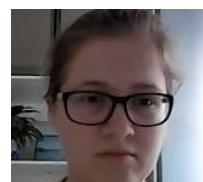
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