



Respire, Remember, Response



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3R (*Respire, Remember, Respond*)

Emotional Intelligence for reducing recidivism

RECENT EVENTS

Between October 20-22 2021, the partners from Romania, Spain, Denmark, Poland, Spain and the UK participated in the Staff Training event within the Erasmus Plus project 3R. The event was hosted by INDEPCIE SCA, in Córdoba, Spain. The activities carried out during the Staff Training event focused on the first Intellectual Output of the project „EMOTIONS FOR FREEDOM TOOLKIT” related to the special emotional skills required by professionals whose role is to support inmates in their attempt to reintegrate into society.

Asociatia Centrul de Mediere Culturala, Dezvoltare Umana si Sociala and YORK ASSOCIATES INTERNATIONAL LIMITED led the activity on the first day of the event, and included two working groups focused on tools developed based on the following emotional intelligence skills: Motivation, Communication and Leave work at work.

The agenda of the second day of the event was planned around interactive working groups led by GROWTHCOOP/ES, BRAINLOG/DK, SEDA/PL and INDEPCIE/ES focused on tools developed based on the following emotional intelligence skills: Self-control, Complex problem solving, Critical thinking, Resilience, Teamwork and Self-control.

In the last day of the event, Centrul pentru Promovarea Invatarii Permanente was responsible for leading the working group focused on tools developed based on stress management, as a skill of emotional intelligence. Furthermore, the day was dedicated to discussions & ideas for the final version of Intellectual Output 1 „EMOTIONS FOR FREEDOM TOOLKIT”.



Shortly about the project:

3R project will develop, pilot and implement a framework of methodology, tools, learning programs and recommendation for both targets. The goal is to endow the inmates to be aware of their options to design a different and new future from their last months in prison and their immediate release, the assumption of responsibility and the making of decisions and actions thinking in their reentry in society. The overall objective of this project is to introduce a training method based on Emotional Intelligence against violence and aggressiveness as working tools in penitentiary centers in order to break the circle of recidivism. Our target group is involved in all the steps of the project.

What are the latest updates?

Between 16-17 December 2021, the partners within the 3R project participated in the hybrid transnational meeting organized in Krakow, Poland by Stowarzyszenie SEDA. During the two days of activities, the agenda focused on:

- the current state of the project in each partner country, as well as the final stages in the development of Intellectual Output 1 (IO1), led by Indepcie from Spain.
- the future activities and next steps of each project partner regarding the Intellectual Output 2 (IO2), led by Centrul pentru Promovarea Invatarii Permanente – CPIP.



Next Transnational Project Meeting

07/03 – 08/03/2022
Cadiz, Spain

PROJECT PARTNERS

ASOCIATIA CENTRUL DE MEDIERE CULTURALA
D E ZVOLTARE UMANA SI SOCIALA



CENTRUL PENTRU
PROMOVAREA
INVATarii
PERMANENTE
TIMISOARA
ASOCIATIA



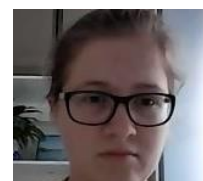
INDEPCIE SCA



BrainLog



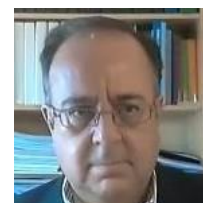
Stowarzyszenie SEDA



YORK ASSOCIATES LIMITED



GROWTH COOP



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