



Respire, Remember, Response



Co-funded by the  
Erasmus+ Programme  
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# 3R (*Respire, Remember, Respond*) Emotional Intelligence for reducing recidivism

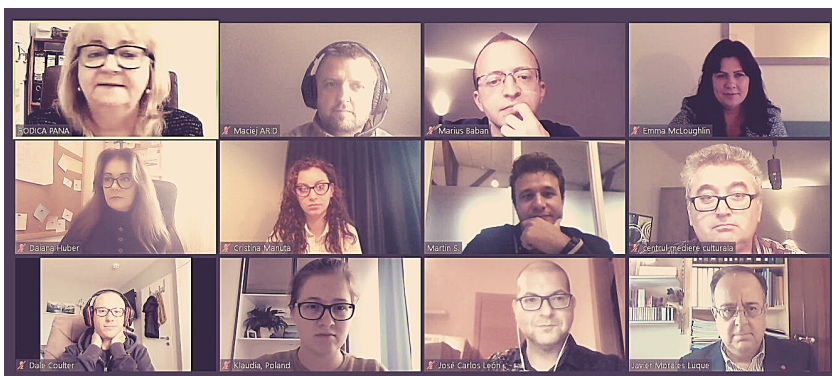
## 3R

The Purpose of 3R (Respire, Remember, Respond) Emotional Intelligence for reducing recidivism project is to improve the social adaptability and resilience of offenders and exoffenders, to promote their reintegration to society, and as a result to reduce recidivism. In this sense, Emotional Intelligence interventions should be given to prisoners who will be released within 6 months. To complement this measure, a social adaptability survey should be given to offenders within at least 3-6 months of their release. The project plans to show the importance of the application of Emotional Intelligence tools and strategies for inmates who will be released within 6 months in order to reduce the levels of recidivism. The project will have a double line of intervention, both with inmates and with people who support the inmates in their attempt to reintegrate into society: guards, wardens and social workers, but also NGOs in the off-prison monitoring.

## RECENT EVENTS

3R project has started! On 9 of November 2020 the first meeting of our project took place. Meeting took place on-line with participation of representants of all partners of the project from Romania, Poland, UK, Denmark and Spain .

Kick off meeting was devoted for presentation of the project's aims and objectives as well as for development the work plan for entire project. The most important issues were set for the first 6 months of the project implementation. According to the application partnership will work on the first IO for 6 months and discuss next IO during the next meeting in Granada, Spain at the end of June 2021.



### **Shortly about project:**

3R project will develop, pilot and implement a framework of methodology, tools, learning programs and recommendation for both targets. The goal is to endow the inmates to be aware of their options to design a different and new future from their last months in prison and their immediate release, the assumption of responsibility and the making of decisions and actions thinking in their reentry in society. The overall objective of this project is to introduce a training method based on Emotional Intelligence against violence and aggressiveness as working tools in penitentiary centers in order to break the circle of recidivism. Our method is to start at grass root level, and therefore our target group is involved in all the steps of the project.

## What next?

After elaboration first part of the Intellectual output 1, we will begin work on the second part which is training content. It will focus on development of the high quality training content for 3R target group. This work will be realized another 6 months and will contain development of the content and complex testing by the beneficiaries of our project.

## Comming events

24/06- 25/06/2021  
2 ND CONSORTIUM MEETING

Partners agreed to meet next time in Granada, Spain and discuss next part of the intellectual output development. During this meeting partners will share also their opinion about first period of the project lifetime.

## PROJECT PARTNERS

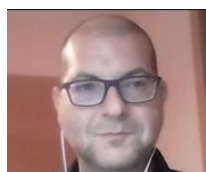
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Dezvoltare Umana si  
Sociala



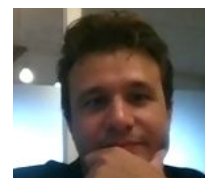
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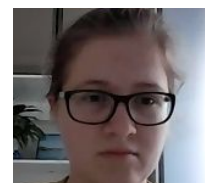
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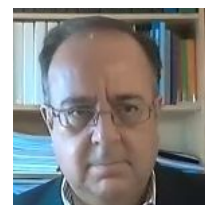
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